



## **SMALLPOX**

### **REACTIONS AFTER SMALLPOX VACCINATION**

The smallpox vaccine prevents smallpox. For most people, it is safe and effective. Most people experience normal, typically mild reactions to the vaccine, which indicate that it is beginning to work. However, some people may experience reactions that may require medical attention.

#### **Quick Statistics**

Past experience has shown that for every one million people vaccinated for the first time:

- About 1000 become seriously ill (non-life-threatening);
- About 50 have life-threatening reactions;
- One to two may die.

#### **Normal, Typically Mild Reactions**

These reactions usually go away without treatment:

- The arm receiving the vaccination may be sore and red where the vaccine was given.
- The glands in the armpits may become large and sore.
- The vaccinated person may run a low fever.
- One out of three people may feel bad enough to miss work, school, or recreational activity or have trouble sleeping.

#### **Serious Reactions**

In the past, about 1,000 people for every one million people vaccinated for the first time experienced reactions that, while not life-threatening, were serious. These reactions may require medical attention:

- A vaccinia rash or outbreak of sores limited to one area. This is an accidental spreading of the vaccinia virus caused by touching the vaccination site and then touching another part of the body or another person. It usually occurs on the genitals or face – including the eyes, where it can damage sight or lead to blindness. Washing hands with soap and water after touching the vaccine site will help prevent this (inadvertent inoculation).
- A widespread vaccinia rash. The virus spreads from the vaccination site through the blood. Sores break out on parts of the body away from the vaccination site (generalized vaccinia).
- A toxic or allergic rash in response to the vaccine that can take various forms (erythema multiforme).

#### **Life-Threatening Reactions**

Rarely, people have had very bad reactions to the vaccine. In the past, between 14 and 52 people per one million people vaccinated for the first time experienced potentially life-threatening reactions. These reactions require immediate medical attention:

- Eczema vaccinatum. Serious skin rashes caused by widespread infection of the skin in people who have skin conditions such as eczema or atopic dermatitis.

- Progressive vaccinia (or vaccinia necrosum). Ongoing infection of skin with tissue destruction frequently leading to death.
- Postvaccinal encephalitis. Inflammation of the brain.

People with certain medical conditions – including people with weakened immune systems or certain skin conditions – are more likely to have these reactions and should not get the smallpox vaccine unless they have been exposed to smallpox.

Based on past experience, it is estimated that between one and two people out of every one million people vaccinated may die as a result of life-threatening reactions to the vaccine.

**Important Note:** Statistical information about smallpox vaccine adverse reactions is based on data from two studies conducted in 1968. Adverse event rates in the United States today may be higher because there may be more people at risk from immune suppression (from cancer, cancer therapy, organ transplants, and illnesses such as HIV/AIDS) and eczema or atopic dermatitis. The outcome associated with adverse events may be less severe than previously reported because of advances in medical care. Rates may be lower for people who were vaccinated previously.